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A client raises spiritual questions. Can a Christian therapist working in a government agency talk with a client about faith? A young couple with two children asks a Christian counselor to help them negotiate an end to their marriage. What responsibility does the counselor have to try to repair the relationship? A youth group member confidentially reveals to the pastor that he is taking drugs. Should the pastor tell the boy's parents? A counselor who teaches a college course has a client show up for class. What should she do? These are just a few of the complex dilemmas that therapists, counselors and pastors face nearly every day. Handling these situations appropriately is critical for both the client's progress and the professional's personal credibility and protection from liability. State and federal codes, professional association statements and denominational guidelines have been drawn up to address ethical issues like competence, confidentiality, multiple relationships, public statements, third parties and documentation. In this book you'll find them all compiled and interpreted in light of Christian faith and practice. Written by qualified professional counselors and respected academic instructors, this book is an indispensable resource for understanding and applying ethics in Christian counseling today. What does a Christian approach to counseling and psychotherapy involve? The 2021 Fuller Integration Symposium Lectures by Dr. Siang-Yang Tan, published in this book, cover this topic with the overall title of: "A Christian Approach to Counseling and Psychotherapy: Christ-Centered, Biblically Based, and Spirit-Filled." The three lectures in three chapters are on: (1) "A Christian Perspective on Human Nature and Effective Counseling and Psychotherapy"; (2) "Implicit and Explicit Integration in Christian Counseling and Psychotherapy: Christian Faith in Clinical Practice"; and (3) "The Role of the Holy Spirit in Christian Counseling and Psychotherapy." The authoritative new reference guide that equips counselors, pastors and

church leaders, and caregivers for an effective ministry of soul care. Under the guidance of the highly respected American Association of Christian Counselors (AACC), more than 40 leading Christian professionals have come together to provide this comprehensive, authoritative, and up-to-date reference guide for professional and lay counselors, pastors, and leaders in training. Competent Christian Counseling offers you:

- the best contributions on spiritual formation and pastoral care from Scripture as well as from giants of church history
- the latest research, theory, and successful practice methods in Christian counseling
- a practical, 21st century model of Christian counseling that is not only "counselor friendly," but also facilitates effective, biblical client change--all geared to help people mature in the ways and wisdom of Jesus Christ.

Competent Christian Counseling, edited by Timothy Clinton and George Ohlschlager, is destined to be regarded for years to come as the authoritative, trustworthy resource for Christian counseling. This proven guide in pastoral counseling has been extensively expanded and revised by the author to include recent developments and research, new resources, and attention to newly urgent needs such as AIDS, eating disorders, homosexuality, and violence. Written with clarity and sensitivity, this volume builds on biblical foundations and the best resources of professional psychology. It reflects the insights the author has gained from many years of Christian counseling. New Sections include: The Legal, Ethical and Moral Issues in Counseling The Multicultural, Multiracial Issues in Counseling Conflict and Relationships Dealing with Death and Grief Alcoholism and Other Substance Abuse Crises and Trauma Counseling and Terrorism Kirwan not only sounds a clarion call for thorough integration of psychology and theology, he demonstrates that it can be done. Contents

Part I The Grave New World of Christian Counseling Liability  
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Part VII The Maturation of the Christian Counseling Profession

Are Christian treatments as effective as secular treatments? What is the evidence to support its success? Christians engaged in the fields of psychology, psychotherapy and counseling are living in a unique moment. Over the last couple decades, these fields have grown more and more open to religious belief and religion-accommodative therapies. At the same time, Christian counselors and psychotherapists encounter pressure (for example, from insurance companies) to demonstrate that their accommodative therapies are as beneficial as secular therapies. This raises the need for evidence to support Christian practices and treatments. The essays gathered in this volume explore evidence-based Christian treatments, practices, factors and principles. The authors mine the relevant research and literature to update practicing psychotherapists, clinical researchers, students, teachers and educated laypersons about the efficacy of certain Christian-accommodative therapies. Topics covered in the book include: devotional meditation cognitive-behavior therapy psychodynamic and process-experiential therapies couples, marriage and family therapy group intervention The book concludes with a review of the evidence for the various treatments discussed in the chapters, a guide for conducting clinical trials that is essential reading for current or aspiring researchers, and reflections by the editors about the future of evidence-based Christian practices. As the editors say, "more research is necessary." To that end, this volume is a major contribution to a field of inquiry that, while still in its infancy, promises to have enormous implications for future work in Christian counseling and psychotherapy. Editor Randolph K. Sanders assembles a team of scholar-practitioners to forge a comprehensive ethical approach to Christian counseling. Christian psychotherapists, pastors and others in the counseling profession will find here a ready resource for a whole array of contemporary clinical scenarios. This A-Z guide assists people--helpers--pastors, professional counselors, youth workers, and everyday believers--to easily access a full array of information to aid them in (formal and informal) counseling situations. A quick reference guide of helpful hints and how-tos, covering all aspects of counseling, from common problems to procedure. Seasoned counselors and professors Ron Hawkins and Tim Clinton offer a comprehensive guide that empowers Christian counselors by clarifying their task: to help people take possession of their souls... through the power of the Spirit under the authority of the Word in a supportive community of accountability that they

may be like Christ The authors address head-on today's enticing new imitations of true peace and tantalizing opportunities for people in pain to anesthetize themselves. But they also highlight the foundation of hope: God loves, he empowers, and he refuses to abandon his passion for connection with his children. Case studies illustrate how to help people take possession of the thinking self, the feeling self, the decision-making self, the physical self, and the relational self. This comprehensive plan for effective intervention is perfect for lay counselors, students, and professionals looking for ways to integrate their faith and practice. The Practical Encyclopedia of Christian Counseling is designed to afford Christian counselors quick reference as well as comprehensive access to the chief principles and practices of biblical counseling. It is called an "encyclopedia" because a counselor interested in surveying the gamut of those principles and practices will find in this volume a wider variety of subjects than may be located in any other book of biblical counseling. - Preface. Traditionally, counseling has focused primarily on the individual--overlooking the interaction between the community and the individual. Wilson has created a biblically-based counseling model that anchors the individual within the community. The result is a perspective that encompasses all aspects of a person's life, where the community becomes a helper in the counseling process. The thesis of this book is tied to the assumption that we need a counseling approach that is community-oriented rather than exclusively focused on the individual. When this is the case, we will be able to appreciate the biblical emphasis on the people of God. While he prizes a relationship with individuals, God's heart is with a body, a fellowship, a community. Both pastors and private counselors need to reaffirm the priority of community and its power in the healing process. Rod Wilson (PhD, York University) is President and Professor of Counselling and Psychology at Regent College in Vancouver, B.C., Canada. He is also the author of Exploring Your Anger and Helping Angry People. This proven guide in pastoral counseling has been extensively expanded and revised by the author to include recent developments and research, new resources, and attention to newly urgent needs such as AIDS, eating disorders, homosexuality, and violence. Written with clarity and sensitivity, this volume builds on biblical foundations and the best resources of professional psychology. It reflects the insights the author has gained from many years of Christian counseling. New Sections include: The Legal, Ethical and Moral Issues in Counseling The Multicultural, Multiracial Issues in Counseling Conflict and Relationships Dealing with Death and Grief Alcoholism and Other Substance Abuse Crises and Trauma Counseling and Terrorism An in-depth manual offering solutions to the problems involved in counseling those entrapped in the occult. Stereotypical tendencies in Christian counseling include either emphasizing sin at the expense of grace or grace at the expense of sin. Mark R. McMinn seeks to overcome these exaggerations and enable all those in the helping professions see the proper understanding and place of both sin and God's grace in the Christian counseling process. Seasoned counselors and professors Tim Clinton and Ron Hawkins provide a landmark reference that offers a capstone definition of the emerging profession and ministry of the Christian counselor. Appropriate for professional counselors, lay counselors, pastors, students, and teachers, it includes nearly 300 entries by nearly 100 top Christian counselors. This practical guide focuses on functional aspects of Christian counseling and explores such important topics as...Christian counseling as a profession, ministry, and lay ministry; Spiritual and theological roots; Social, emotional, and relational issues; Skills and essentials in Christian helping; Ethical and legal considerations; Intake, assessment, diagnosis, and treatment planning; and Premarital counseling, family therapy, and substance abuse. Counselors will also find up-to-date information on solution-based brief therapy, cognitive therapy and biblical truth, and trauma and crisis intervention. An essential resource for maintaining a broad and up-to-date perspective on helping others. This book provides a forum for five major perspectives on the interface of Christianity and psychology to display their distinctions in a counseling context. Experts in each approach show how to assess, conceptualize, counsel and offer aftercare to a hypothetical client with a variety of complex issues. The American Association of Christian Counselors and Tyndale House Publishers are committed to ministering to the spiritual needs of people. This book is part of the professional series that offers counselors the latest techniques, theory, and general information that is vital to their work. While many

books have tried to integrate theology and psychology, this book takes another step and explores the importance of the spiritual disciplines in psychotherapy, helping counselors to integrate the biblical principles of forgiveness, redemption, restitution, prayer, and worship into their counseling techniques. Since its first publication in 1996, this book has quickly become a contemporary classic—a go-to handbook for integrating what we know is true from the disciplines of theology and psychology and how that impacts your daily walk with God. This book will help you integrate spiritual disciplines—such as prayer, Scripture reading, confession—into your own life and into counseling others. Mark R. McMinn, Ph.D., is professor of psychology at Wheaton College Graduate School in Wheaton, Illinois, where he directs and teaches in the Doctor of Psychology program. A diplomate in Clinical Psychology of the American Board of Professional Psychology, McMinn has thirteen years of postdoctoral experience in counseling, psychotherapy, and psychological testing. McMinn is the author of *Making the Best of Stress: How Life's Hassles Can Form the Fruit of the Spirit*; *The Jekyll/Hyde Syndrome: Controlling Inner Conflict through Authentic Living*; *Cognitive Therapy Techniques in Christian Counseling*; and *Christians in the Crossfire* (written with James D. Foster). He and his wife, Lisa, have three daughters. THERE is but one way to describe modern Christian counseling, and that is as confusing. Different schools of thought, beliefs, and approaches to Christian counseling, what it is, and its purposes have caused grave confusion to Christian counselors and the Body of Christ in general about what Christian counseling is and how it can apply to the life of the believer. With many programs skipping over firm foundations and the essential purpose in Christian counseling, it is no wonder that people are uncertain about the pivotal role a Christian counselor plays within Christianity today. Cutting through the hype, biases, bigotry, and unscientific approach to modern Christian counseling, today's Christian counselor is in need of practical and purposed foundations to practice God's gift and art manifest in Christian counseling. In *The Fundamentals Of Christian Counseling In Theory And Practice*, Apostle Dr. Lee Ann B. Marino, Ph.D., D.D. establishes a firm foundation for any Christian counselor to build upon. Covering the history of psychotherapy, types and shadows for Christian counselors, technique, atmosphere, the role of healing and grace in counseling, and handling such challenging issues as mental illness, spiritual warfare, and beyond, Apostle Dr. Marino prepares the Christian counselor for any and all possible means of Christian counseling, whether done in ministry, in a Christian clinical setting, private practice, or as part of a leadership call. APOSTLE DR. LEE ANN B. MARINO, PH.D., D.D. is Visionary, Founder, Apostle, and Senior Prelate for Apostolic Fellowship International Ministries. Apostle's work encompasses leadership training and covering for over fifteen ministries and churches worldwide. Apostle Marino is also Chancellor of Apostolic University, founder of Sanctuary Apostolic Fellowship, founder of Women of Power International, founder of Female Apologetics, and has over seventeen years experience in ministry, counseling (as a recipient, therapist, clinician, and minister), education, and business. Her website is [www.powerfortoday.org](http://www.powerfortoday.org). In principle, Christians believe knowing Jesus Christ is the original and abiding "cure of the soul." But in practice, the church's provision of personalized care and counsel has often been unthoughtful and unskillful. During the past 150 years, many other practitioners and theorists have filled the gap. Psychiatry and psychotherapy (transliterations of two Greek words for "cure of the soul") claim to offer the deep truth that explains a human being and the final word on how we can be cured from the troubles that beset us. Secularized explanations and cures call for no recourse to the Bible or Jesus. Beginning in the late 1960s, a biblical counseling movement sought to reclaim counseling for the church. It aimed to provide a coherently Christian alternative to mainstream psychiatry and psychotherapy. *The Biblical Counseling Movement: History and Context* is an informative and thought-provoking account of that movement. How did it begin and develop? What were the defining ideas? Where were the tension points and struggles, both internally and with evangelical psychotherapists? David Powlison's historical account combines careful scholarship with unique, eyewitness insight. This book is an invaluable resource for those who want to understand the biblical counseling movement. The core chapters were originally a PhD dissertation in history of science and medicine (University of Pennsylvania). This new edition adds a lengthy

appendix, containing articles by Dr. Powlison. These extend and deepen the history, giving a fine-grained analysis of developments within the biblical counseling movement and in its relationship to evangelical psychotherapists. The author also freely expresses his point of view and personal convictions regarding the history he has carefully described. Whether you are a professional counselor meeting with a troubled couple or a layperson comforting a grieving friend, counseling is something you may find yourself called to do at times. From his years of experience as a clinical psychologist, Dr. Timothy Foster has distilled the basics of what to do and how to do it in this practical guide. In addition to offering sample counseling dialogues, explaining a variety of verbal and nonverbal techniques, and candidly discussing how to avoid harmful entanglements, Foster gives advice on: -Counseling dos and don'ts -Helping people who are depressed -Understanding how emotions work -Solving marital difficulties - Dealing with grief -Helping people confront themselves -And much more 'The Handbook of Christian Counseling' is an essential reference you will want to keep on hand for easily accessible answers when others turn to you in their time of need. The essays collected in this volume examine evidence-based approaches to Christian counseling and psychotherapy, exploring treatments for individuals, couples and groups. The book addresses both the advantages and the challenges of this evidence-based approach and concludes with reflections on the future of such treatments. The 'victorious Christian life' is an ever-popular theme. Preachers proclaim it - divine power, spiritual gifts, experiences of being 'caught up to God' and victory over sin - right here, right now. There are testimonies of God working miraculously somewhere over there, just out of sight, yesterday. Christian Life Coaches suggest that they can deliver health, wealth, success and happiness based on the Christian worldview. If a Christian is struggling with persistent sin, feeling guilty, powerless and possibly depressed or anxious about their salvation - well, Christian Counselors are on hand, ready to help in some way. People and resources promoting the 'victorious Christian life' tends to appeal to Christians who know that they are failing and missing the mark. Christian Counselors and Life Coaches use a mix of psychological and motivational theories, counseling methods and practices, seasoned with Christian values, prayer and uplifting Scriptural texts. But does any of this constitute accurate teaching from Scripture? What does Scripture teach about the dynamic processes of human behavior? What kind of life does Scripture encourage Christians to live and how? What does Scripture have to say when Christians fail and feel guilty or depressed? Author Robert Laynton explores in depth the Scriptural principles that underpin such advice and interventions. It is intended for Christian ministers and those involved in pastoral care. This is not a Christian evaluation of the various disciplines within psychology and counseling, nor is it an attempt to integrate counseling approaches with Christianity. It is an exploration of what Scripture has to say about the dynamics of failure and missing the mark and how Scripture instructs people to deal with these tendencies. Chapters present a brief overview of psychology and counseling; an overview of the Covenant of Works and human nature; how Scripture describes the subjective self; what it means for Christians to be a 'new creation'; their calling to purification; the role of divine Law in the Christian's day to day life; and what it means for Christians to 'walk in the Spirit'. A final chapter evaluates some of the criticisms directed at 'Christian counseling'. With extensive quotes from Scripture, and verse by verse or extensive commentaries on Romans 1 v 18 - 2 v 10; 6 v 9 - 23; 7 v 7 - 8 v 18; Colossians 3 v 1 - 13; Galatians 5 v 13 - 6 v 10. Robert Laynton gained a B.Sc. Honors degree in Psychology with the Open University and Post Graduate Certificate and Diploma qualifications in counseling at Keele University in Staffordshire, England. He has served briefly as a deacon, lay preacher and study leader and been engaged with Christianity for over fifty years. Introduces the foundations of a distinctively Christian approach to counseling. A book for every Christian who wants to be a vessel of the Holy Spirit in order to heal emotional, spiritual and relational suffering. It is written for the non-professional Christian counselor in language that is easily understood. The book offers very practical suggestions along with brief descriptions of widely used counseling theories. The biblical and theological reflections in each chapter provide a solid foundation for assessing each theory and its practical application. What you don't know can hurt you. Do you know: What constitutes "clergy malpractice" and "negligent

counseling"? What is "duty of care"? When do you break confidentiality? When are you breaking the law? What are the legal ramifications of church discipline? What is your responsibility in child abuse cases? Can you use counseling illustrations in your sermons? If you are a pastor or counselor, or are in any counseling ministry, this may be the most important new book you will read this year. In this "age of litigation" an explosive new area of law -- suing churches -- is impacting Christians. How do these lawsuits affect pastors and counselors? Seve Levicoff's scholarly, yet easy to read, *Christian Counseling and the Law*, summons all Christian counselors to study the law themselves so that they can be "as shrewd as serpents and as innocent as doves" and thereby "fight the good fight of faith" in the secular arena. This is not a book filled with stilted legalese and lofty phrases. It is a straightforward, well-documented resource for the Christian counselor. When you put it down -- if you can -- you will probably say, "That was just what I needed." - Flyleaf. This text combines cutting-edge expertise with deeply rooted Christian insights to offer a comprehensive survey of ten major counseling and psychotherapy approaches. For each approach, Siang-Yang Tan provides a substantial introduction, assessing the approach's effectiveness and the latest research findings or empirical evidence for it. He then critiques the approach from a Christian perspective. Tan also includes hypothetical transcripts of interventions for each major approach to help readers better understand the clinical work involved. The book also presents a Christian approach to counseling and psychotherapy that is Christ centered, biblically based, and Spirit filled. It will work well for marriage and family, social work, ministry, counseling, and psychology courses. Christian counselors and psychotherapists, pastors, chaplains, and lay counselors will also benefit from Tan's expertise -- Publisher description. Many Christian counselors and pastors want to bring Christ's Gospel and forgiveness into their soul care, but don't know how. Luther's very Christ-centered theology, based in his desire for care of souls, can provide us with that foundation. Various techniques flowing from that foundation are shared. "Martin Luther formulated his proclamation of the message of Scripture for his contemporaries between the poles of God's voice in the pages of the Bible and the needs and afflictions of his hearers and readers. Marris brings twenty-first century readers into that exchange and demonstrates how Luther's insights into the gospel of Jesus Christ help bring healing and comfort to those struggling with guilt, shame, fear, loneliness, and other spiritual afflictions in our day. This volume provides those who are engaged in conversation with the troubled and distressed rich resources for fostering peace and joy in the midst of such trouble and distress." Robert Kolb, PhD, professor of systematic theology emeritus, Concordia Seminary, Saint Louis USA "If all good theology is pastoral in its orientation, then this groundbreaking, practical, biblical study is well worth careful consideration by any pastor or Christian counsellor. In it Marris engages in a conversation with the teaching of Luther as a Christ-centered pastoral theologian and the practical insights of psychologists on the personal care of their clients, with a special emphasis on Luther's insistence on the need to distinguish between law and gospel in the proper application of God's gracious word with the delivery of soul care to God's people." John W. Kleinig, PhD Professor Emeritus, Australian Lutheran College University of Divinity, Adelaide, South Australia In his preface to this challenging book Jeff Watson describes biblical counseling as "a noble adjective married to a nervous noun." Believers are wise to be skeptical of much that is done in the name of counseling in secular settings. Even under the umbrella of "Christian counseling," one has heard horror stories of cases where God's Word has been misused. But Jeff Watson makes a strong case in this volume for the legitimacy of marrying "biblical" and "counseling." Christian counselors, says Watson, need to cultivate three fundamental skills in their patients: How to tell their stories; How to choose their goals wisely; and How to practice changes in their lives. Watson helps counselors achieve these goals by drawing on the interactions of Christ, the commands of Scripture, and the actions of the apostles and prophets. Thus he marries counseling and biblical principles. To those of us who are called on to counsel on any level, Charles Swindoll says, "This book will become an invaluable tool for you. I urge you to let it become your manual for proper counseling." If you are called to help people in crisis in your community, this book can show you how to use the Bible in counseling. An introductory look at the principles of biblical Christian counseling, this book is sure to

find a wide and enduring audience through the American Association of Christian Counselors (over 50,000 members). In the book *Committed to Craftsmanship*, Dr. Jay Adams challenges readers to seek excellence in their counseling ministries. In *Insight & Creativity*, Dr. Adams' challenge is not only to seek improvement; here he carefully leads counselors to develop better insight into the problems of the counselee and encourages the creativity required to help them overcome the sins in their lives. First published in 1981, *Insight & Creativity* contains examples from that time frame; however, the timelessness of the problems described make this book as relevant today as then. The material continues to be most useful to the counselor today. Dr. David Powlison, in the Fall, 2001 issue of *Journal of Biblical Counseling*, cites *Insight & Creativity*, calling it one of Dr. Adams' best. The *Christian Counselor's Manual* is a companion and sequel to Dr. Jay Adams' influential *Competent to Counsel*, which first laid out a vision of "nouthetic" counseling—a strictly biblical approach to behavioral counseling and therapy. This practical guide takes the approach of nouthetic counseling introduced in the earlier volume and applies it to a wide range of issues, topics, and techniques in counseling, including: Who is qualified to be a counselor? How can counselees change? How does the Holy Spirit work? What role does hope play in therapy? What is the function of language in a counseling session? How do we ask the right questions? What often lies behind depression? How do we deal with anger? What is schizophrenia? These and hundreds more questions are answered and explained from a biblical perspective in this comprehensive resource for the Christian counselor. A full set of indexes, a detailed table of contents, and a full complement of diagrams and forms make this an outstanding reference book for and Christian counselor. Editor Randolph K. Sanders assembles a team of scholar-practitioners to forge a comprehensive ethical approach to Christian counseling. Christian psychotherapists, pastors and others in the counseling profession will find here a ready resource for a wide array of contemporary clinical scenarios. What would it mean for Christian counseling and pastoral care to take seriously the idea that God intervenes in the world? In this volume more than twenty of the best pastoral counselors, clinicians, and counselor educators introduce us to the models that they use to integrate the Scriptures and the work of the Holy Spirit into their daily practice. Connecting sound biblical doctrine to the practice of effective counseling. Jay E. Adams—vocal advocate of a strictly biblical approach to counseling and author of the highly influential book *Competent to Counsel*—firmly believes that the Bible itself provides all the principles needed for understanding and engaging in holistic counseling. But in order to bring the practice of counseling—whether by professional therapists or by the church—under biblical guidance, we first have to deepen our understanding of Scripture. *A Theology of Christian Counseling* is the connection between solid theology (the study of God) and its practical application. Each of its sections are devoted to increasing our understanding of counseling's potential by looking at it through the lens of doctrines such as: Prayer (and the doctrine of God). Human Sin (and the doctrine of Man). Redemption (and the doctrine of Salvation). Forgiveness (and the doctrine of Sanctification). "No counseling system that is based on some other foundation can begin to offer what Christian counseling offers...No matter what the problem is, no matter how greatly sin has abounded, the Christian counselor's stance is struck by the far-more-abounding nature of the grace of Jesus Christ in redemption. What a difference this makes in counseling!" (Jay E. Adams). With this book, you'll gain insight into the rich theological framework that supports and directs your approach to how you help people change.

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